

“A Study on Emotional Maturity Among Arranged Marriage Couples”

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ABSTRACT : *Maturity is the ability to respond to the environment in an appropriate manner. This response is generally learned rather than instinctive, and is not determined by one's age. Emotional maturity is characterized by ability to become interested in things and persons; to do things for their own sake, to give love to other persons. The main objectives of the study were to find out the emotional maturity among arranged marriage male persons, to find out the emotional maturity among arranged marriage female persons and to search the sex differences between arranged marriage couples with regards on their level of emotional maturity. The total sample of the study was 60, 30 from arranged marriage male & 30 from arranged marriage female from Agartala City of Tripura state. Emotional Maturity Scale constructed by Dr. Yashvir Shing was used. For data analysis purpose mean, SD and t test were used. Result shows that Arranged marriage male persons are found to have moderate emotional maturity. And Arranged marriage female persons are found to be extremely emotionally matured.*

I. INTRODUCTION:

Emotional Maturity is one of the vital components of personality which characterizes Multi-trait non-cognitive psychological concept. According to Walter D.Smitson(1974), Emotional maturity is a process in which the personality is continuously striving for greater sense of emotional health, both Intra-psychically and Intra-personality. Emotional Maturity or stability might be considered as a potential factor in any field of life. Guilford (1956) has prepared a matrix of temperamental factors of emotional maturity whereas Bernard (1965) has mentioned few characteristics of emotionally matured persons. Bhargva and Sharma (1993) found that while studying the sex differences in Emotional Maturity both. The group of adolescents (sports person) differed significantly in emotion regression of independence. Female scored higher on emotional regression whereas male showed themselves higher on social maladjustments and lack of independence. Actually, emotional maturity is not only the effective determinant of personality pattern but it also helps to control the growth of adolescent's development. The concept 'mature' emotional behavior of any level is that which reflects that fruits of normal emotional development.

II. OBJECTIVES OF THE STUDY:

1. To find out the emotional maturity among arranged marriage male persons.
2. To find out the emotional maturity among arranged marriage female persons.
3. To search the sex differences between arranged marriage couples with regards on their level of emotional maturity.

Hypothesis of the study:

Their will be no sex differences between arranged marriage couples with regards on their level of emotional maturity.

III. METHODOLOGY:

Variables under study:-

In the present study type of marriage (arranged marriage), sex was treated as independent variables, where as emotional maturity was treated as dependent variable.

Sample:-

The effective sample of the study consists of 60 subjects classified as 30 male (arranged marriage) and 30 female (arranged marriage) was selected randomly using purposive sampling technique from Agartala City of Tripura state. Their age ranges from 35years to 45years having more or less similar socio economic status and educational background so as to maintain the homogeneity of sample.

Tool used for data collection:-The following scale was used for collecting data:

Emotional Maturity Scale: The scale is constructed by Dr. Yashvir Shing. It consists of 48 statements. The scale measures five dimensions of emotional maturity. Namely; Emotional instability, Emotional regression, Social maladjustment, Personality disintegration, Lack of independence. In the scale positive and negative statements are given. For positive statements, scores 5, 4, 3, 2, and 1 are awarded for Very much, for much, undecided, probably, and never, respectively. For negative statements, scores 1, 3, 4, and 5 are awarded for very much, undecided, probably, and never, respectively. The reliability of the scale was determined by the test-retest method for each dimension of the scale. It ranges from .42 to .75. The validity coefficient of the scale was found to be .64.

Interview schedule:-A semi-structured interview schedule was used to collect demographic information and other related personal data. In the interview schedule, some basic questions like respondent identification, family history, health history, and family education history were asked.

Procedure of data collection:-

In the present study, the standardized tool was used for data collection. Initially, the selected subjects were called in a small group of 4 to 6 subjects. Prior to the actual administration of the test, a rapport was established with the subjects. Then the subjects were instructed according to the instructions laid down by the author of the test/scale. Ascertaining that all subjects understood the instructions, the actual test was conducted with a small interval. Finally, the filled copies of the test were collected and subjected to further procedure.

Statistical interpretation of the result:

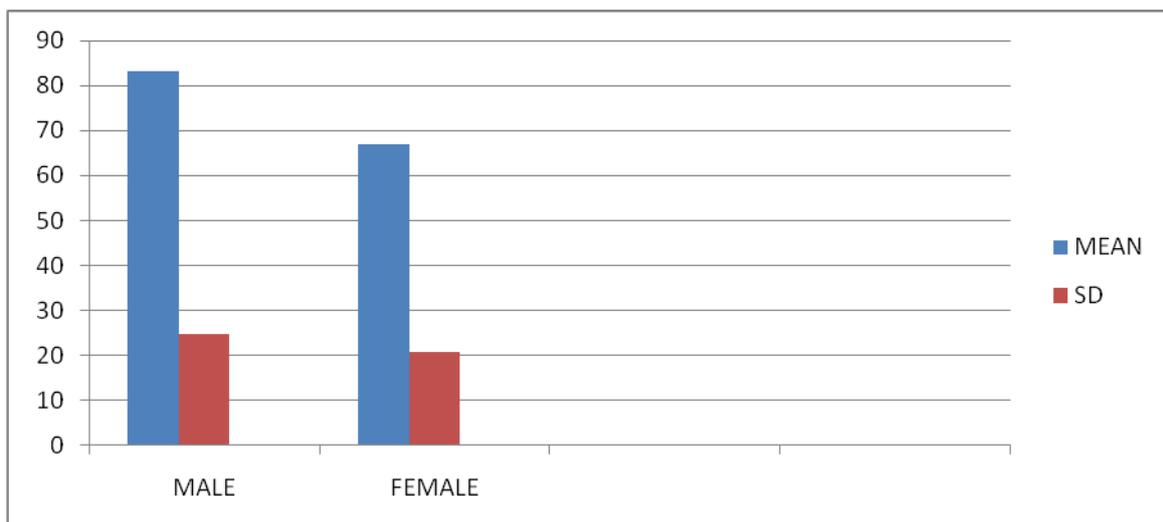
In the present study, an attempt had been made to search the emotional maturity level of the arranged marriage couples. The emotional maturity scores are treated by descriptive statistics in the following table:

Table no 1: (Emotional maturity)

Group Statistics

	Sex	N	Mean	Std. Deviation
Emotional maturity	1 Male	30	83.30	24.67
	2 Female	30	67.00	20.78

Observation of table no 1 indicates that the mean value of the two classified groups seems to differ from each other on the emotional maturity measure. The mean value obtained by the group of arranged marriage males is found to be 83.30 and corresponding SD is 24.67. The arranged marriage females have a mean of 67.00 with SD 20.78. The graphical representation of two classified groups on the emotional maturity measure has been shown in the following table: table no A:



After inspection of the obtained values of the two classified groups it has been found that arranged marriage males have greater mean value i.e. 83.30 from arranged marriage female. But the manual interpretation of scores suggest that (50 to 80) means extremely emotionally mature and (81 to 88) means moderately emotionally mature. So the mean result suggest that females have much more emotional maturity than male persons. But on the basis of mean observation it would not be clear that whether these differences are really significant or not. So to solve this problem the data was further treated by inferential statistics i.e. t test:

Independent Samples Test: table no 2:

Category	t value	df	Level of significant
Arranged marriage	2.768	58	0.01%

Our computed Z value is 2.768. The critical value of $z = 2.00$ at 0.05 level of significance. And the critical value of $z = 2.66$ at 0.01 level of significance. So the obtained result suggest that, our computed Z value is slightly greater than the critical values required to reach 5% and 1% levels of significance respectively. So the null hypothesis is rejected.

IV. DISCUSSION:

In the present investigation an attempt had been made to find out the differences between arranged marriage male and arranged marriage female on emotional maturity measure. The first objective was to find out the emotional maturity among arranged marriage male persons. The mean value obtained by the group of arranged marriage male is found to be 83.30. So the obtained result suggests that arranged marriage male have moderate emotional maturity in their life. The second objective was to find out the emotional maturity among arranged marriage female persons. The arranged marriage females have a mean of 67.00. The mean result suggest that arranged marriage female have extreme emotional maturity in their life. The third objective was to search the sex differences between arranged marriage couples with regards on their level of emotional maturity. So in this connection in the emotional maturity data was treated by descriptive statistics it shows remarkable differences were seen between two classified groups. To search the significance of differences when the same data was treated by “t “ test, a significant difference was observed between arranged marriage males and arranged marriage females. Hence the null hypothesis is rejected.

V. CONCLUSION:

1. Arranged marriage male persons are found to be moderately emotionally mature.
2. Arranged marriage female persons are found to be extremely emotionally mature .
3. The group of female arranged marriage persons found to be much more emotional mature as compared to arranged marriage males.

Limitation of the study: The major limitation of this study was that the sample size was small. So it was not sufficient for measuring the emotional maturity of the couples. If the sample size would be increased then the result would be quite transparent.

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