

## **Family Empowerment through Family Planning Village in Effort to Increase KKBPK and Related Programs in East Java (Studies in Bondowoso and Bangkalan)**

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**Abstract:** *The slow decline of fertility rates (TFR) and weakening the program of Population, Family Planning and Family Development (KKBPK) is happened at field level. It very need innovation program for KKBPK Program Strengthening year 2015-2019 to leverage target achievement and enlarge the scope of KKBPK at all level in East Java Province through Program of Family Planning Village. Family Planning Village was designed as community empowerment efforts of management program of family planning. These activities are managed based on principle from, with and for community itself, the end is the society development. Government only gives stimulation and mentoring, the rest is society responsibility. This study uses qualitative approach by applying the stages of operational research in order to evaluate the success of intervention program of Family Planning Village in Bondowoso and Bangkalan regency. The research purpose is to explain the KKBPK program achievement and other programs related to create high quality small family. The research results show that the success of Family Planning Village is largely determined by people's active participation in various levels, programs intervention, funds, facilities, infrastructure, KIE, advocacy and mobilization of Local Apparatus Work Unit of Family Planning (SKPDKB) and across sectors with final target of culture movement collectively and continuously. Family Planning Village can be regarded as a public initiative, not just a government program. Regent has important role together Working Group of District/City by involving parliament members together to manage intervention program in Family Planning Village as well as to maintain program continuity. Assistance is needed to implement KKBPK program at field and "Skill" training for UPPKS group and other Poktan as well as budget provision to support of advocacy, KIE and mobilization in Family Planning Village region.*

**Key Words:** *Family Empowerment, Family Planning Village, KKBPK and Related Programs.*

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### **I. INTRODUCTION**

Population is the basic capital and dominant factor of development. It should become a central point in sustainable development. The success to realize the full development is the main motivation of East Java Provincial government to improve and support family planning programs thoroughly for all dimensions and aspects of life to realize the successful society development that just and prosperous in East Java Province.

Over the last three decades the population of East Java continues to increase rapidly despite the decline of population growth rate. Population Census year 2000 from the Central Bureau Statistics (CBS, 2000) shows the populations are 34,765,998 people. It increase to become 37,476,011 people at Population Census year 200 (CBS, 2010) Data census for every ten years show an increase of approximately 3 million people. If calculated since 1961, there was an increase of approximately 16 million.

The issue of population growth become a central topic to determine all aspects of development programs planning in Regional Government at district/city level until province. One cause factor of stagnant KKBPK program in Indonesia and East Java is marked by Total Fertility Rate (TFR) in period from 2002 through 2012 did not show any significant change. Program of Population, Family Planning and Family Development (KKBPK) at this time began to decline even amplitude did not sound like before. It needs to be revitalized again and to make mobilization to promote the KKBPK program.

Below line becomes a central theme of development programs for Population, Family Planning and Family Development (KKBPK) since year 2010s. Number monumental activities were launched. At same time, activities in direct contact with public were encouraged. Family Planning Village breakthroughs is one program designed specifically to mobilize KKBPK program at village level.

Family Planning Village try to integrate the concept of integrated development at Population field. Family Planning Village is one of efforts to make the KKBPK program as an organized program from, with and for community. Family Planning Village seeks to empower and provide convenience to public to obtain a total service of family planning program as an effort to create a prosperous family with high quality.

Furthermore, *Warta Kencana Magazine* Issue 12 Year IV/April 2013 pages 8-9, Sukabumi Regent Sukmawijaya confirms that population is central of development. Development efforts in other areas, for anything, no matter how great, without coupled with population control will be in useless. Therefore, population control is a necessity.

Likewise, research of Irfan Nasrulloh et al. (2011) on Community Empowerment through Alert Village in Kilensari Village Situbondo District showed that some activities carried out in accordance with guidelines of alert village, but still there is no innovation program initiated based on real health problems at village. Based on the indicator, process at Kilensari village is still under construction and require intensive training from health care officer and other sectors. The role of community leaders, especially village heads, still can be improved to mobilize the community to actively participate in alert village activities.

### **Empowerment Concepts of Family/Community.**

Conceptually, family/community empowerment is an effort to improve the dignity of society and families to escape from poverty and underdevelopment trap. In other words, it enable and empower the community and family independence. Prijono and Pranarka (1996) explain empowerment as man is the subject of himself. Empowerment process that emphasizes on process provide the ability for families/communities to become empowered, encourage or motivate individual to have the ability or empowerment to determine the choice of his life.

Families/communities empowerment to create families and community welfare is consistent with Law of Republic of Indonesia Number 52 Year 2009, as an amendment of Law of Republic of Indonesia Number 10 of 1992 on Population Development and Construction of Family Welfare, that development must be addressed to raise awareness, willingness, and ability of family/community to achieve highest welfare, as an investment for human resources development. Every person is obliged to realize, maintain and improve the welfare of family and society. The government has responsible to empower and encourage the active participation from family or community in all forms to increases welfare (Notoatmodjo, 2005)

Family or community empowerment is a process done by family or community (with or without the intervention from outside parties) to improve the condition of family, environment and other aspects that directly or indirectly affect the well-being of family or the community itself.

### **The Concept of Family Planning Village**

Family Planning Village is an implementation of miniature family planning programs in an integrated and comprehensive at field level (village/hamlet). Family Planning Village concept is integrated program of Family Planning with other development programs such as education, health, economic and others. Family Planning Village was designed as a community empowerment effort for family planning programs management. Its activities are managed based on principle from, with and for society itself. The end goal is development of society itself. The government only give stimulation and mentoring, the rest is the society responsibility, through efforts to make the Family Planning Village as an organized program from, with and for community.

The participation of various agencies in Family Planning Village is important so that service plenary can be felt directly by community for people's welfare. Family Planning Village seeks to empower and provide convenience to public to obtain a total service planning program as an effort to create a prosperous family with high quality.

### **Population Program, Family Planning and Family Development**

Population relates with amount, structure, growth, distribution, mobility, deployment, and quality and welfare conditions in relation with political, economic, social, cultural, religious and local neighborhood. Family Planning is an attempt to regulate the child's birth, distance and ideal age of birth and birth control through the promotion, protection, and assistance in accordance with reproduction rights to create high quality family.

Family development is a dynamic condition of a family that had a tenacity and toughness as well as physical ability to contain material and spiritual mental psychic to live independently, to develop themselves and their families to achieve harmony in improving welfare of body and soul.

## **II. Research Methods**

This study uses evaluative methods with SWOT and descriptive design exploration to evaluate the success of Family Planning Village through the steps of operational research. The steps are identification, intervention, monitoring and evaluation. The informants are LAWUFP Level I of Provincial and District, across sectors; Department of Health, Department of Education, Office of Population, Labor and Civil Registry, Department of Trade and Industry, Department of Social Welfare, Department of Cooperatives, as well as religious leaders, community leaders, cadres, KB officials (midwife, PLKB/PKB), village chiefs, and BPD. The

data is collected by in-depth interviews and focus group as interview guides instrument, FGD families that follow family, poktan BKB, BKR, BKL, PIK/R/M and UPPKS

### **III. Analysis And Discussion**

#### **Identification**

Referral sources and Policy Implementation for development of Family Planning Village at Central BKKBN is Circular of Domestic Ministry No.440/70/SJ dated January 11, 2016, on the declaration and formation of Family Planning Village throughout Indonesia; Letter of BKKBN Central Chief No. 046/BL/200/B4/2016 Date January 12, 2016, on Declaration and Formation of Family Planning Village Throughout Indonesia.

Reference source for East Java is Letter of East Java Governor No.440/4675/031/2016 dated March 21, 2016, on KKBPK Improvement Program Coordination and Health in East Java. Reference source for development of Family Planning Village at Bondowoso is Regent Decree No. 18845/976/430.6.2/2015, on Working Group of Family Planning Village. Bangkalan Regent has been signed the Letter of Work Group Team of Family Planning Village, but has not been launched.

Activities in East Java related BKKBN Representatives for Family Planning Village development are: (1) Socialization Program and Establishment KKBPK Family Planning Village to be held on December 2, 2015 in East Java Police Rupatama with the target of SKPD KB in East Java. (2) Consolidation of Family Development program at Family Planning Village held on 29 s/d 30, 2015 at Padjadjaran Suites Resort & Conventional Hotel Bogor, attended by SKPD Head of East Java. (3) Establishment of Family Planning Village on December 3, 2015 at Ministry of Health Poltekkes Surabaya, the targets are Family Planning Head, village chief and PKB of Family Planning Village. (4) The declaration of Family Planning Village held on Thursday, January 14, 2016 in hamlet of Lowok Pepen, Mojosari Village, Kepanjen, Malang.

The activities to develop of Family Planning Village in Bangkalan Regency are: (1) Socialization of Family Planning Village at district level at December 21, 2015, the target is 20 people. (2) Socialization of Family Planning Village at district level at December 22, 2015 target at district level, Village chief, Toga/Toma as many as 40 people. (3) Family Planning Village socialization at village level, combined with village meetings held in each region. (4) Special coaching Family Planning Village to create programs such as mentoring of KKBPK family resilience, KIE Group, family planning services etc. (5) The declaration of Family Planning Village held on Tuesday, March 15, 2016 in West Sembilangan Hamlet, Sembilangan Village, Bangkalan.

The activities related to development of Family Planning Village held at Bangkalan District are: (1) Socialization Family Planning Village at district level was held on December 15, 2015 with targets were related sectors. (2) Socialization of Family Planning Village at district level was held on January 28, 2016 with the targets were related sector at district level, Military Command, health centers, Village Head, Toga/Toma. (3) Family Planning Village socialization at village level, combined with village meetings held in each region. (4) Special coaching Family Planning Village with priority to create KKBPK like coaching of family resilience, KIE Group, family planning services. (5) The declaration of Family Planning Village held on 21 April 2016 in Lemprak village, Klabang District Subdistrict, Bondowoso District.

#### **Intervention Stage**

Identification results after Family Planning Village has been done by SKPD KB themselves or cross-sectoral in Family Planning Village. The interventions are follows:

- a. Family Planning Village at Sembilangan West, Sembilangan Village, Bangkalan District has been intervened as follows: (1) Socialization and counseling about KKBPK program. (2) Staff thematic meeting with cadres of PPKBD Family Planning Village and sub PPKBD at every month. (3) Village meeting at Village Hall, attended by PPKBD/Sub PPKBD cadres of Sembilangan at every two months. (4) Improvement of family planning services, especially family planning LTM. (5) BKB group create "Mother Love" BKR "Star Teen", BKL "Sekar Wangi", and UPPKS "Mercu Suar". (6) Technical training of Family Planning Village. (7) Training of processing and packaging by Department of Cooperatives SMEs on June 16, 2016, 10 members of UPPKS "Mercu Suar" (8) Socialization and formation of PIK/R "Tunas Harapan" at Village Hall of Leparak at June 27, 2016 in Genre meeting.
- b. Family Planning Village at Parseh hamlet, Leprak village, District Klabang Subdistrict, Bondowoso District, Family Planning Village interventions that have been made are : (1) Socialization and counseling about KKBPK program. (2) Staff meeting with cadres of PPKBD and sub PPKBD at every month. (3) Village meeting at Village Hall, which was attended by cadres of Leprak PPKBD/Sub PPKBD at every two months. (4) Conducting family planning services, especially to improve the achievement of Family Planning LTM. (5) Socializing with sources of child protection Head and regency PP & KB Head at April 12, 2016. (6) Establishment of Rural Children's Forum at Leprak as the commitment of regent and House toward Bondowoso eligible children. (7) BKB group create "Good Night" BKR "Love", BKL "Eagles", and

UPPKS "Sun" (8) Technical business training at Family Planning Village (February 2016) (9) Socialization and formation of PIK/R "Scopus Expectation" at Leparak date Village Hall at June 27, 2016 in meeting Genre

### **Monitoring Stage**

Monitoring stage is used to see the success of Family Planning Village that intervened by family planning and cross-sectoral SKPD to know the improvement. There are 3 indicators to evaluate namely the success of input, process and output. Family Planning Village at Sembilangan Hemlet, West Sembilangan Village, Bangkalan has weakness in success of input, namely the number of field officers/PKB is still not proportional, but after Family Planning Village been created, entire PLKB/PKB can make program successful KKBPK in the region and cadres were very enthusiastic to participate, although operational support (budget) for KKBPK program from the local and national budget and other funding sources such as PNPB, Village fund (ADD) is still small and has not focused into a Family Planning Village. Availability of contraceptive devices and drugs, region health insurance, society health insurance, as well as other supporting facilities in a Family Planning Village area is good because the wife of village chief was a midwife.

The indicators of process success shows the increased frequency and quality of advocacy and KIE. Last ago, PKB/PLKB rarely come to Sembilangan hamlet, Bangkalan, but after the creation of Family Planning Village, the visit become regular. It also set up new activities as BKB "Mother Love" BKR "Star Teen", BKL "sekar Wangi", UPPKS "Meru Suar", meeting has done regularly, as well as integrated service services to improve family planning services. Indicator of output success shows the improvement of new family planning member, active participants and KB MKJP rose 2 acceptor implant, a group meeting activity has been done regularly. Also of inter-sectoral program has been carried out training of service cooperatives for UPPKS group "Meru Suar". a Family Planning Village at Parseh hamlet, Leprak Village, Klabang Subdistrict, Bondowoso District shows the input success as follows. number of field officers/PKB is still not proportional, one compared to five. Same as in Bangkalan, after Family Planning Village creation, entire PLKB/PKB become one even though not in its territory participate in program KKBPK Family Planning Village and assisted by a cadre that very enthusiastic to support. Operational administrative budget village is IDR 400 million, PNPB Mandiri is IDR 3.640, funds from ADD to pay PPKBD cadre is IDR 25.000 thousand and sub cadres PPKBD is IDR 22.500, funds for Family Planning Village still not available. There is a problem for availability of contraceptive devices and drugs as well as other supporting facilities in Family Planning because the remote location and secluded, but now after the Family Planning Village creation, it can be overcome by placing midwives in the region.

Indicators of process success shows an increased frequency and quality of advocacy and KIE. Last ago, PKB/PLKB rarely visit the Family Planning at Hamlet Parseh, Leprak Village. After Family Planning Village creation, frequent visit was done. Also there is a group of new activities BKB "Tuberose" BKR "Love", BKL "Eagle", UPPKS "Sun" and PIK/R "Scopus Hope" integrated service and services to improve family planning.

The indicator of output success of Family Planning at Parseh Hamlet, Leprak Village shows that after Family Planning Village creation, the member of new family planning, active member and KB MKJP increase MOP 1 acceptor and IUD of 13 acceptors, meeting groups of activities does not done periodically, due to limited funds. Also of sectoral programs would give latrines in Family Planning Village.

### **SWOT Analysis and Policy**

SWOT analysis is done to know the strengths, weaknesses, opportunities and threat in development of Family Planning Village. The strength of Family Planning Village development in Bangkalan and Bondowoso are PLKB in Family Planning Village, because without the support of PLKB impossible to improve the achievement KKBPK program and related programs in Family Planning Village. There is support funds (APBN and APBD) for Family Planning Village. Without financial support, the Family Planning Village activities will not run as expected. Family Planning Village management is regulated by Regent decree. The weakness of Family Planning Village is the limited PLKB, difficulty to find a cadre because low human resources, as well as the limited facilities, infrastructure and operational funding. The opportunities of Family Planning Village is the political support from Bangkalan and Bondowoso Regent. It is evidenced by declaration of " Family Planning Village " by Regent himself. Then the support of all agencies and Department of cross-sector to intervene Family Planning Village area and press support Therefore, all activities in Family Planning Village is known by all communities.

The threats of Family Planning Village are low socio-economic conditions, majority of population are poor, poor human resources, early marriage culture and weak advocacy program management to local governments. Policy analysis show that Family Planning Village is very strategic, because it is supported by central government and local government, even at village level, and religious leaders, community leaders and society very enthusiastic to welcome it. There are five factor to affect the improvement success of KKBPK program and other programs in Family Planning Village. They are (a) strong commitment from stakeholders at

all levels (District/Town, District, Rural/Village), (b) KKBPK program integrity and integrity across sectors. (C) Optimization of facilitation and support from partners/stakeholders. (D) The passion and dedication of program managers in field line KKBPK (PKB, IMP) (e) The active participation of community itself.

#### **IV. Conclusions And Recommendations**

##### **Conclusion**

1. Central government policy related to Family Planning Village are Circular of Domestic Ministry No.440/70/SJ dated January 11, 2016, and followed up with a governor letter of East Java No.440/4675/031/2016 dated March 21, 2016 on Improving Coordination of KKBPK and Health Program in East Java Province, announced on January 14, 2016 in Malang. Bondowoso District level was issued Decree No. 188.45/976/430.6. 2/2015 on Working Group Family Planning Village and proclaimed by BKKBN center head on April 21, 2016. Bangkalan regent in process to launch decree on Family Planning Village on March 15, 2016.
2. The potential to intervene in family planning village at district, subdistrict and village is outside of 2016 budget, but will be included in 2017 budget and whole apparatus ready to succeed as long as the motor is SKPD KB.
3. Assessment of input success indicator: the number of field officers/PKB is still not proportional, but after Family Planning Village creation, entire PLKB/PKB support to make the KKBPK program successful in region and the cadres were so enthusiastic to support, Budget Village Fund (ADD) for KKBPK program still not exist.
4. Assessment of process success indicators: higher frequency and quality of KIE advocacy and the motor. PKB/PLKB rarely to visit the region, after Family Planning Village creation, they come frequently, new activities also created although there is no regular meeting, as well as integrated service to improve family planning services.
5. Assessment of output success indicator: there is changes of new and active Family Planning Member, primarily KB MKJP, meeting groups have been established although not at regular basis, sectoral programs of cooperatives department for "Skill" training for group UPPKS "Mercuri Suar".
6. The success of KKBPK program and other related programs in Family Planning Village is also determined by active role of community itself at various levels and KIE as the final target, ie the cultural movement collectively and continuously. Family Planning Village can be considered as public initiative, not only a government program.

##### **Suggestion**

1. The regent role is very important, together with Working Group of Family Planning Village (PP & KB Agency as a leading sector) and Cross-Sector Project (Department of Health, Social Services, Department of Education, Office of Cross-Sector cooperatives and others), also involving members of parliament to list intervention program at Family Planning Village, simultaneous monitoring and evaluation of activities and long-term and medium term development program plan to maintain program continuity.
2. It should be increased the coordination both at internal level of SKPD KB together with related fields to intervene to support Family Planning Village.
3. Coaching of KKBPK mentoring program in Family Planning Village with leading sectors together with KB and PP agency and other related sectors sector.
4. Initiation of "Skill" training for UPPKS group and other Poktan of Family Planning Village.
5. Funds (ADD) availability to support advocacy, KIE and mobilization at Family Planning Village.

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